# Multiband $k \cdot p$ theory for hexagonal germanium

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The direct bandgap found in hexagonal germanium and some of its alloys with silicon allows for an optically active material within the group-IV semiconductor family with various potential technological applications. However, there remain some unanswered questions regarding several aspects of the band structiure, including the strength of the electric dipole transitions at the center of the Brillouin zone. Using the  $\mathbf{k} \cdot \mathbf{p}$  method near the  $\Gamma$  point, including 10 bands, and taking spin-orbit coupling into account, we obtain a self-consistent model that produces the correct band curvatures, with previously unknown inverse effective mass parameters, to describe 2H-Ge via fitting to *ab initio* data and to calculate effective masses for electrons and holes. To understand the weak dipole coupling between the lowest conduction band and the top valance band, we start from a spinless 12-band model and show that when adding spin-orbit coupling, the lowest conduction band hybridizes with a higher-lying conduction band, which cannot be explained by the spinful 10-band model. With the help of Löwdin's partitioning, we derive the effective low-energy Hamiltonian for the conduction bands for the possible spin dynamics and nanostructure studies and in a similar manner, we give the best fit parameters for the valance-band-only model that can be used in the transport studies. Finally, using the self-consistent 10-band model, we include the effects of a magnetic field and predict the electron and hole g-factor of the conduction and valance bands.

#### I. INTRODUCTION

Optical activity plays a crucial role in semiconductor materials due to the possible optoelectronic integration which is vital for optoelectronics and integrated photonics, optical modulation, and light emission. [1-3]. However, silicon technology cannot be used for these purposes due to the indirect band-gap of cubic Si (3C-Si) although much effort has been made to turn 3C-Si into an efficient emitter [4, 5]. In recent years, the hexagonal 2H-Ge phase of germanium has peaked in interest due to the its direct bandgap. Experiments by Fadaly et al. [6], showed that hexagonal germanium has a weak but nonzero optical activity. It has also been demonstrated that the radiative lifetime can be increased by more than three orders of magnitude when a certain percentage of germanium atoms are replaced by silicion, which makes it as optically active as GaAs. Similar results are also obtained theoretically by Rödl et al. [6] by using ab initio calculations of the radiative lifetime of hex-Ge near the  $\Gamma$  point. Interestingly, the radiative lifetime obtained from experiments and ab initio calculations show a disagreement by almost an order of magnitude that is yet to be explained.

While Ge and Si share similar chemical properties, their behavior is different in the hexagonal crystal structure. Similar to 3C-Si, hexagonal Si (2H-Si) which is described by the lonsdalite crystal structure also has an indirect band-gap with the lowest conduction band (CB) located at the M-point in its Brioullin zone, rather than the X-point [6] as in the case for 3C-Si. In contrast to Si, the transition from cubic (3C-Ge) to lonsdalite (2H-Ge) germanium is concomitant with the highsymmetry L point along the [111] axis in the cubic phase folding onto the  $\Gamma$  point in the hexagonal phase. The folding of the high symmetry point L to  $\Gamma$  is important as the lowest CB in 3C-Ge is located at the L point, which maps to the  $\Gamma$  point, making hex-Ge a direct band-gap semiconductor, with a band gap of 0.3 eV [6]. Belonging to the  $P6_3/mmc$  space group, the point group for 2H-Ge at the  $\Gamma$  point of the Brillouin zone is  $D_{6h}$ . This is quite similar to the wurtzite crystal structure with the  $C_{6v}$  point group at  $\Gamma$ , and we can write  $D_{6h} = C_{6v} \otimes C_s$  with  $C_s = \mathbb{1} \otimes \sigma_h$  and  $\sigma_h$  being the mirror symmetry, such that correctly symmetrized  $C_{6v}$  bases can be used for the group  $D_{6h}$ .

It is well known that  $\mathbf{k} \cdot \mathbf{p}$  theory [7] is one of the low-cost alternatives to ab initio calculations for band energies which makes it applicable also to nanoscale and low-dimensional structures. In the past,  $\mathbf{k} \cdot \mathbf{p}$  theory has been extensively used for different materials such as cubic Si and Ge [8–10], III-V compounds in the wurtzite phase [11–13], monolayers of transition metal dichalcogenides [14, 15], and for calculating the Landé g-factor [16, 17], Landau levels [18, 19], and strain effects [20–22]. As the method is based on group-theoretical selection rules [23], it is a very powerful tool for calculations of optical transition matrix elements, in which we can explain the low optical activity of the lowest CB for 2H-Ge and other possible transitions, as well as the effect of the spin-orbit coupling.  $\mathbf{k} \cdot \mathbf{p}$  theory is a semi-empirical method and requires a number of material-specific parameters either from experiments [8, 11] or *ab initio* calculations [24].

In this work, we derive a  $10 \times 10 \mathbf{k} \cdot \mathbf{p}$  Hamiltonian to describe the band structure of 2H-Ge, in accordance with *ab initio* calculations. We show that Löwdin's formalism must be used to correctly describe the lowest CB in  $k_x$  ( $\Gamma \rightarrow M$ ) and highest valence band (VB) in  $k_z$  ( $\Gamma \rightarrow A$ ) direction. We also find the best fit values for the optical transition elements (Kane or momentum  $\mathbf{p}$  matrix elements) and Bir-Pikus parameters, similarly to the work of Chuang and Chang (CC) [11]. Using these parameters, we obtain the effective masses for 5 bands (2-CB and 3-VB) via parabolic fit. To understand the

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weak optical activity of the lowest CB, we develop a  $12 \times 12$  spinless model and show that the band is only optically active when spin-orbit coupling (SOC) is considered. We also develop low-energy effective models for electrons and holes for the possible usage in the heterostructures and transport properties. Finally, we evaluate the g-factor for the highest energy VBs and the second-lowest CB.

This paper is organized as follows: In Sec. II, we begin by presenting the *ab-inito* methods used to parametrize the  $\mathbf{k} \cdot \mathbf{p}$ model. In Sec. III we present the multi-band  $\mathbf{k} \cdot \mathbf{p}$  model, together with Löwdin's formalism. In Sec. IV, we describe the general fitting procedure to our  $10 \times 10$  model, the fitted optical transition elements, inverse mass parameters and the effective masses for different directions, as well as the weak optical activity of the lowest conduction band with a possible explanation. We also derive the effective low-energy Hamiltonian for the second-lowest conduction band in Sec. V and compare the findings wit the originally derived  $\mathbf{k} \cdot \mathbf{p}$  model. Finally, in Sec. VI, using the 10-band Hamiltonian, we investigate the gfactor of electrons and holes when a magnetic field is applied parallel to the main axis of rotation. The discussion of how the selection rules can be used to determine non-zero elements for the  $\mathbf{k} \cdot \mathbf{p}$  model can be found in the Appendix A. Appendix B has the definitions for the expressions used in the text. The allowed optical transitions from the VBs to CB or CB+1 can be found Appendix C with the addition of the selection rules with and without SOC. Finally, Appendix D has the spinless  $12 \times 12 \mathbf{k} \cdot \mathbf{p}$  Hamilonian.

#### **II.** AB INITIO CALCULATIONS

First-principles calculations were carried out by using the Vienna *ab-initio* simulation package (VASP) [25-27] with a plane-wave basis set employed within the framework of the projector augmented-wave method [28, 29]. Geometry relaxation were performed by using PBEsol exchange correlation functionals with a cut-off energy of 500 eV, a  $12 \times 12 \times 6$ Monkhorst-Pack grid sampling of the Brillouin zone and a force criteria of 1 meV/Å. The obtained structural parameters (a = 3.994 Å, c = 6.589 Å and u = 0.3743, see Fig. 1) are reasonably close to the reported values by Rödl et al. [30]. Band structure calculations were performed both with and without the inclusion of the spin-orbit coupling using the MBJLDA meta-GGA method [31]. This meta-GGA method is reported to give reliable near-gap energies with a significantly lower calculational cost compared to hybrid functionals (such as HSE06) [30].

For the identification of the band symmetries the python tool *irRep* was used, which can directly read the Kohn-Sham orbitals of several density functional codes and identifies the irreducible presentation of each bands [32]. If spin-orbit coupling is included, the double crystallographic groups and their representations are incorporated [33]. We then translated the result of this tool to the notation of [34] and found a compelling agreement with the irreducibles published in Ref [30].



Figure 1. Lonsdaleite or hexagonal diamond (2H) structure where atoms (red balls) are arranged in a hexagonal stacking. The gray lines represent the bonds between atoms. Structural parameters are shown by arrows. Solid black lines indicate the unit cell while the dashed lines visualize the hexagonal structure.

#### III. k · p FRAMEWORK

The  $\mathbf{k} \cdot \mathbf{p}$  method has been shown to effectively describe the band structure of the semiconductors around high symmetry points in the Brillouin zone in various studies [11, 35, 36]. The basic approach is to write the Schrödinger equation in terms of the cell periodic part  $u_{n,\mathbf{k}}(\mathbf{r})$  of the Bloch wavefunction  $e^{i\mathbf{k}\cdot\mathbf{r}}u_{n,\mathbf{k}}$ , near the band edge as,

 $Hu_{n,\mathbf{k}}(\mathbf{r}) = \left(H_0 + H_{\text{free}} + H_{k\cdot p} + H_{\text{SO}}\right)u_{n,\mathbf{k}}(\mathbf{r}) = Eu_{n,\mathbf{k}}(\mathbf{r}), \quad (1)$ 

where

$$H_{0} = \frac{p^{2}}{2m_{0}} + V(\mathbf{r}),$$

$$H_{\text{free}} = \frac{\hbar^{2}k^{2}}{2m_{0}},$$

$$H_{k\cdot p} = \frac{\hbar}{m_{0}}\mathbf{k} \cdot \mathbf{p},$$

$$H_{\text{SO}} = \frac{\hbar}{4m_{0}^{2}c^{2}} \left[\nabla V(\mathbf{r}) \times \mathbf{p}\right] \cdot \boldsymbol{\sigma}.$$
(2)

and where *n* is the band index, **k** is the crystal momentum,  $m_0$  is the free electron mass, V(r) is the periodic potential, and  $\sigma = (\sigma_x, \sigma_y, \sigma_z)$  are the Pauli spin matrices. The k-dependent spin-orbit coupling terms are absent throughout this study as they vanish due to the inversion symmetry. Eq. (1) can be solved using perturbation theory, expanding the  $u_{n,\mathbf{k}}(\mathbf{r})$  in terms of the known  $u_{n,\mathbf{k}=0}(\mathbf{r})$ , around  $\mathbf{k} = 0$ . To obtain the effective band structure using distant band contributions, there are many methods such as folding-down [37] where one writes a pseudo-Schrödinger equation and using norm conserved spinors, obtains a real Schrödinger-type equation by performing a series expansion or Löwdin's formalism (also known as quasi-degenerate perturbation theory or Schrieffer-Wolff transformation) [38–40], the method we use in this paper, where the basis functions at the  $\Gamma$  point can be divided

Table I. Basis functions for the  $D_{6h}$  point group adapted form CC [11] where  $\langle \mathbf{r} | \Gamma_{\alpha}^n \rangle = u_{\alpha}^n(\mathbf{r})$ . Unlike in CC, there is no  $s - p_z$  mixing.  $|S_x\rangle$  and  $|S_y\rangle$  transform like axial vectors,  $|z\rangle$  transforms like a vector and  $|1\rangle$  transforms like the identity.

	u	$ u\rangle$	$D_{6h}$ irrep
CB + 1	1	$ iz\uparrow\rangle$	$\Gamma_2^-$
CB	2	$ \Gamma_3^-\uparrow\rangle$	$\Gamma_3^-$
VB	3	$-\frac{1}{\sqrt{2}}\left S_x+iS_y\uparrow\right\rangle$	$\Gamma_5^+$
VB - 1	4	$\frac{1}{\sqrt{2}} \left  S_x - iS_y \right  \right\rangle$	$\Gamma_5^+$
VB - 2	5	11 ↑>	$\Gamma_1^+$
CB + 1	6	$ iz\downarrow\rangle$	$\Gamma_2^{\frac{1}{2}}$
CB	7	$\left \Gamma_{3}^{-}\downarrow\right\rangle$	$\Gamma_3^-$
VB	8	$\frac{1}{\sqrt{2}}\left S_{x}-iS_{y}\downarrow\right\rangle$	$\Gamma_5^+$
VB - 1	9	$-\frac{1}{\sqrt{2}}\left S_x+iS_y\downarrow\right\rangle$	$\Gamma_5^+$
VB - 2	10	$ 1 \downarrow\rangle$	$\Gamma_1^+$

into the sets A and B. Set A consists of the bands we would like to describe, whereas set B contains all other bands that might give a relevant non-zero contribution to the bands in set A. Using Löwdin's method and neglecting SOC for now, distant band contributions can be described as,

$$H_{n\times n}(\mathbf{k})_{jj'} = \sum_{\alpha\beta} D_{jj'}^{\alpha\beta} k_{\alpha} k_{\beta},$$

$$D_{jj'}^{\alpha\beta} = \frac{\hbar^2}{2m_0} \sum_{\gamma\in B} \frac{p_{j\gamma}^{\alpha} p_{\gamma j'}^{\beta} + p_{j\gamma}^{\beta} p_{\gamma j'}^{\alpha}}{m_0 \left(E_0 - E_\gamma\right)},$$
(3)

where (j, j') and  $\gamma$  belong to the set A and B, respectively. We should note that set B contributions can only arise as second or higher order k-dependent perturbation which can be seen

from Eq. (**3**).

#### A. Five-band model

To describe the effective Hamiltonian of lonsdalite germanium, we focus on the following five bands: the first conduction band (CB), second conduction band (CB+1), and the first, second, and the third valance bands (VB), (VB-1), (VB-2), respectively. Including the two-fold spin degeneracy then leads to a total of ten bands. In order to be able to describe the band structure using  $\mathbf{k} \cdot \mathbf{p}$  theory, the correct symmetry group and the irreps corresponding to each band have to be known near the point of interest [41, 42], that is  $\Gamma$  in our case. Previous studies [30, 43] on 2H-Ge have already determined the double-group representation of the bands at the  $\Gamma$  point. However, to effectively use the  $\mathbf{k} \cdot \mathbf{p}$  method, the relevant singlegroup representations are needed. Note that, in general different single-group representations can correspond to the same double-group representation. Therefore, we performed ab initio calculations and obtained the single group basis set, including the two-dimensional spin-1/2 Hilbert space (LS basis), near the  $\Gamma$  point (**k** = 0), see Table I.

The notation suggests that  $u_{n,\mathbf{k}}(\mathbf{r})$  of the energy band *n* transforms as the irrep (orbital part)  $|\Gamma_{\alpha}^{n}\rangle$  of the point group  $D_{6h}$ . Here we follow the Köster's notation [34] where  $S_x$  is an axial vector in the x-direction, not to be confused with the projections of the spin up and down  $(\uparrow, \downarrow)$ . Using symmetry considerations of the  $D_{6h}$  point group and selection rules (see Appendix A) with the basis vectors listed in Table I, we construct the  $10 \times 10$  Kane-like Hamiltonian to describe the band structure of 2H-Ge near  $\Gamma$  point,

$$H_{\mathrm{Kane}} = \frac{\hbar^2 k^2}{2m_0} + \begin{pmatrix} E_{cb+1} & 0 & \frac{-i}{\sqrt{2}} P_2 k_+ & \frac{-i}{\sqrt{2}} P_2 k_- & P_1 k_z & 0 & 0 & 0 & 0 & 0 \\ 0 & E_{cb} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{i}{\sqrt{2}} P_2 k_- & 0 & E_v + \Delta_1 + \Delta_2 & 0 & 0 & 0 & 0 & 0 & 0 \\ \frac{i}{\sqrt{2}} P_2 k_+ & 0 & 0 & E_v + \Delta_1 - \Delta_2 & 0 & 0 & 0 & 0 & \sqrt{2} i \Delta_3 \\ P_1 k_z & 0 & 0 & 0 & E_v & 0 & 0 & 0 & \sqrt{2} i \Delta_3 & 0 \\ 0 & 0 & 0 & 0 & 0 & E_{cb+1} & 0 & \frac{-i}{\sqrt{2}} P_2 k_- & \frac{-i}{\sqrt{2}} P_2 k_+ & P_1 k_z \\ 0 & 0 & 0 & 0 & 0 & 0 & E_{cb} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{i}{\sqrt{2}} P_2 k_+ & 0 & E_v + \Delta_1 - \Delta_2 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{i}{\sqrt{2}} P_2 k_- & 0 & 0 & E_v + \Delta_1 - \Delta_2 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{i}{\sqrt{2}} P_2 k_- & 0 & 0 & E_v + \Delta_1 - \Delta_2 & 0 \\ 0 & 0 & 0 & 0 & -\sqrt{2} i \Delta_3 & \frac{i}{\sqrt{2}} P_2 k_- & 0 & 0 & E_v + \Delta_1 - \Delta_2 & 0 \\ 0 & 0 & 0 & -\sqrt{2} i \Delta_3 & 0 & P_1 k_z & 0 & 0 & 0 & E_v \end{pmatrix},$$

where  $E_{cb+1}$  and  $E_{cb}$  are the band energies for for the two low-

est conduction bands at k = 0,  $E_v$  is the reference energy,  $\Delta_1$  is

the crystal field splitting,  $\Delta_2$  and  $\Delta_3$  are the SOC parameters,  $P_{1,2}$  are the momentum matrix elements and  $k_{\pm} = k_x \pm ik_y$  is the crystal momentum. Note that  $H_{\text{Kane}}$  equals H from Eq. (1) restricted to the 10 above-mentioned bands.

Due to the presence of inversion symmetry, the nonzero elements of the  $\mathbf{k} \cdot \mathbf{p}$  Hamiltonian for a lonsdalite crystal (such as hex-Ge) differ from those in the case of a wurtzite crystal. For instance, the SOC term between the CB and VB, originally neglected by Chuang and Chang [11] but later added to the Hamiltonian by Refs. [44–46], is zero for hex-Ge due to the inversion symmetry.

It is obvious from Eq. (4) that in the  $k_z$  direction, the top valance band does not have a k-dependent term and its effective mass is the same as the free electron mass  $(m_0)$ ; hence, being a valence band, it has the wrong curvature if the contributions from the other bands are omitted. Also, the lowest conduction band couples neither via the  $\mathbf{k} \cdot \mathbf{p}$  nor the SOC term to any other band in set A, where bands in set A are shown in Table I and all other bands are in set B. Hence, the effective mass along the  $k_{z}$  direction would be the same as the in-plane effective mass but this is contradictory to *ab initio* results of Ref. [30]. Overall, we find that the model cannot produce the curvature of the energy bands correctly and in this sense it is not self-consistent. To fix this problem, we use Löwdin partitioning as explained in Eq. (3) to find the contributions from the bands in set B. Hence, using the Kane-like Hamlitonian with the distant band contrubtions, the Hamiltonian for which we will be using for the fitting becomes

$$H_{10\times10}^{\text{hex-Ge}} = H_{\text{Kane}} + H_{k\cdot p}^{(2)}$$
(5)

where  $H_{k,p}^{(2)}$  is the Hamiltonian of the distant band contributions and its definition can be found in Eq. (B5). We should note that, we disregard the renormalized spin-orbit interaction from the bands in set B to set A.

# B. Optical Activity of the Lowest CBs

From the discussion in Sec. III it follows that the CB does not have non-vanishing dipole matrix elements with the VB and, hence, for the  $10 \times 10$  model, the CB appears to be optically dark. However, as it can be seen from the Table VII, when spin-orbit coupling is turned on, the optical transition becomes allowed if the polarization of the exciting light is perpendicular to the out-of-plane rotation axis. To verify this claim, we investigate  $12 \times 12$  spinless  $\mathbf{k} \cdot \mathbf{p}$  model that is presented in Table IX. Looking at the table, we see that  $\langle CB + 5 | k_+ p_- + k_- p_+ | VB \rangle = \gamma_3 k_-$ . Similarly, the SOC matrix element between CB+5 and CB is nonzero. Hence, it is now plausible to conclude that CB, when the SOC is turned on, consists of a linear combination of the irreps  $\Gamma_3^-$  (CB) and  $\Gamma_6^-$  (CB+5), which explains the very weak dipole transition from VB to CB found in Ref. [30]. We should also point out that in the double-group representation, we have  $\Gamma_3^- \otimes \Gamma_7^+ = \Gamma_8^$ and  $\Gamma_6^- \otimes \Gamma_7^+ = \Gamma_8^- \oplus \Gamma_7^-$  where  $\Gamma_7^+$  is the double group representation of the spinor. Hence, when SOC is considered, both bands belong to the same double group, which makes the hybridization argument more plausible. Similar arguments can

be used for the transitions to the CB+1 band. From Table VIII, one can check that C transitions (VB-2  $\rightarrow$  CB+1) in the x-y polarization are only allowed when SOC is considered and hence it is weak compared to A (VB  $\rightarrow$  CB+1) and B (VB-1  $\rightarrow$  CB+1) transitions where the same transition is allowed even the SOC is turned off. These arguments are consistent with the dipole matrix elements presented in Ref. [30].

# IV. NUMERICAL FITTING PROCEDURE OF THE $\mathbf{k}\cdot\mathbf{p}$ HAMILTONIAN

Although the  $\mathbf{k} \cdot \mathbf{p}$  method is effective for the description of the coupling of the bands, it still requires an input either from *ab initio* calculations [24, 47] or experiments [8, 11, 21] as the applied group-theoretic derivation cannot provide numerical values for material-specific non-zero parameters. To find the best fit parameters of the Eq. (4) with the addition of the other band contributions described in Eq. (5), we first determine the parameters that appear in k-independent terms from the *ab initio* calculations at k = 0. Setting  $E_{vb} = 0$ , we can read off the conduction band energies (see Appendix B) and the crystal field splitting  $\Delta_1$  directly from the DFT band structure calculations described in Sec. II which were performed without SOC. Diagonalizing Eq. (4) at k = 0, we obtain for the band-edge energy differences as

$$E_{vb} - E_{vb-1} = \frac{\Delta_1 + 3\Delta_2}{2} - \sqrt{\left(\frac{\Delta_1 - \Delta_2}{2}\right)^2 + 2\Delta_3^2},$$

$$E_{vb} - E_{vb-2} = \frac{\Delta_1 + 3\Delta_2}{2} + \sqrt{\left(\frac{\Delta_1 - \Delta_2}{2}\right)^2 + 2\Delta_3^2}.$$
(6)

where  $E_{vb}$ ,  $E_{vb-1}$  and  $E_{vb-2}$  are the band energies of the top three valance bands at k = 0. Since we have already fixed the value of  $\Delta_1$  using the DFT calculations where SOC was switched off, using Eq. (6) one can obtain the value of  $\Delta_2$ and  $\Delta_3$  by making use of DFT calculations where SOC was taken into account. It is also noted by Ref. [30] that cubic approximation ( $\Delta_2 = \Delta_3$ ) does not work for 2H-Ge.

For the parameters that appear in the k-dependent terms, we choose our fitting region as  $|\mathbf{k}| \le 0.1 \text{ Å}^{-1}$  due to the limitations of the  $\mathbf{k} \cdot \mathbf{p}$  method. While fitting, we minimize the objective function  $r = \sum_{\mathbf{k},n} \left[ E_{k \cdot p,n}(\mathbf{k}) - E_n(\mathbf{k}) \right]^2$  where *n* runs from 1 to 10 and **k** runs along lines from  $\Gamma$  in two selected high-symmetry directions up to a cut-off point, and where  $E_{k \cdot p,n}(\mathbf{k})$  and  $E_n(\mathbf{k})$  are the fitted and *ab initio* values, respectively, which are both plotted in Fig. 2.

For the calculation of the effective masses, we used a parabolic fit in the vicinity of the  $\Gamma$  point; the compiled values can be found in Table III. The  $\Gamma_{8c}^-$  band shows a highly anisotropic effective mass which is expected as the dipole matrix elements vanish in the z-direction but not in the x and y directions. The  $\Gamma_{7c}^-$  band shows a very light anisotropy whereas all the valance bands are anisotropic.

Table II. Parameters for the Hamiltonian  $H_{10\times10}^{\text{hex}-\text{Ge}}$  for 2H-Ge, composed of  $H_{\text{Kane}}$  and  $H_{k;p}^{(2)}$  parameters. The optical transition matrix elements  $p_{\perp}, p_{\parallel}$  are related to the parameters  $P_1, P_2$  appearing in Eq. (4) by  $P_2 = -i\frac{\hbar}{m_e} \langle \Gamma_{2c^-} |\hat{p}_{\parallel}| \Gamma_{1c+} \rangle = -i\frac{\hbar}{m_e} p_{\parallel}$  and  $P_1 = -i\frac{\hbar}{m_e} \langle \Gamma_{2c^-} |\hat{p}_{\perp}| S_y \rangle = -i\frac{\hbar}{m_e} p_{\perp}$  and they are given in units of  $\hbar/a_0$ . Inverse effective masses are given in units of  $\frac{\hbar^2}{2m_0}$  and energy splittings are given in eV. Here, we define  $\hat{p}_{\parallel} = \hat{p}_x + i\hat{p}_y$  and  $\hat{p}_{\perp} = \hat{p}_z$ . For comparison, we have included the notations  $\Delta_{\text{cf}}, \Delta_{\text{so}}^{\parallel}$ , and  $\Delta_{\text{so}}^{\perp}$  for the energy splittings used in Ref. [30].

Parameter	$H_{10 imes 10}^{ m hex-Ge}$
Optical Transition Matrix Elements	
$p_{\perp}$	0.4829
$p_{\parallel}$	0.6431
Conduction Band Effective Parameters	
$A_{c2\perp}$	3.4615
$A_{c1\perp}$	9.5120
$A_{c2\parallel}$	2.4091
Valance Band Effective Parameters	
$A_1$	-4.3636
$A_2$	-1.9231
$A_3$	2.4545
$A_4$	-2.3323
$A_5$	2.3590
Energy Splittings	
$\Delta_1 = \Delta_{ m cf}$	0.2688
$\Delta_2 = \Delta_{\rm so}^{\parallel}/3$	0.0934
$\Delta_3 = \Delta_{\rm so}^{\perp}/3$	0.0908

# V. LOW ENERGY EFFECTIVE MODELS

For certain problems, involving *n* of *p*-doped samples, wires, or quntum dots, the  $10 \times 10$  model introduced in Eq. (5) is not very convenient to use. In this section we provide simpler effective models for the conduction and valence bands separately. We compare the effective masses found by Löwdin's partitioning to see if this simpler models can yield comparable results compared to the Hamiltonian we consider in Eq. (5). Additionally, we also provide the best fitting parameters for a valance band only model.

We start our discussion with the CB+1 band. One may use the Löwdin's partitioning we have introduced in the Eq. 3 and this time the states that form set A are the  $|iz \uparrow\rangle$  and  $|iz \downarrow\rangle$  from the Table. I and all other elements of the table form set B. The effective Hamiltonian can be written as,

$$H_{CB+1} = \left[\alpha_1 k_z^2 + \alpha_2 \left(k_x^2 + k_y^2\right)\right] \mathbb{1}_{2 \times 2},\tag{7}$$

Table III. The electron and hole masses obtained from the model in Eq. (5) and, for comparison, from DFT calculations (in units of  $m_0$ ). It should be noted that, effective mass in the x - y plane is isotropic.

Bands (Single Irreps)	Direction	$H_{10  imes 10}^{ m hex-Ge}$	DFT (Ref. [30])
$\Gamma_{9v}^+ (\Gamma_{5v}^+)$	$\Gamma \to A$	0.51	0.53
	$\Gamma \to M$	0.08	0.07
$\Gamma^+_{7v}$ ( $\Gamma^+_{5v}$ )	$\Gamma \to A$	0.12	0.12
	$\Gamma \to M$	0.10	0.10
$\Gamma_{7v}^+$ ( $\Gamma_{1v}^+$ )	$\Gamma \to A$	0.05	0.05
	$\Gamma \to M$	0.31	0.32
$\Gamma_{8c}^{-}(\Gamma_{3c}^{-})$	$\Gamma \to A$	0.99	1.09
	$\Gamma \to M$	0.12	0.09
$\Gamma_{7c}^{-}(\Gamma_{2c}^{-})$	$\Gamma \to A$	0.04	0.04
	$\Gamma \to M$	0.05	0.05



Figure 2. Band structure of hex-Ge around the  $\Gamma$  point. **k** · **p** (solid red lines) fit for the 10 band 2H-Ge, up to the 0.1 Å<sup>-1</sup> to *ab initio* (black symbols) for  $\Gamma \rightarrow A(k_z)$  and  $\Gamma \rightarrow M(k_x)$  directions. The ordering of the heavy-hole(HH)-light-hole(LH) and crystal-field splitoff hole(CH) is due to crystal field splitting being larger than SOC. The combination of inversion and time-reversal symmetry implies that the band structure is doubly degenerate everywhere.

with the definitions of  $\alpha_1$  and  $\alpha_2$  is given by

$$\alpha_{1} = A_{c2\parallel} + \frac{P_{1}^{2}}{E_{c} - E_{v}},$$

$$\alpha_{2} = A_{c2\perp} + \frac{1}{2} \frac{P_{2}^{2}}{E_{c} - E_{v} - \Delta_{1} - \Delta_{2}} + \frac{1}{2} \frac{P_{2}^{2}}{E_{c} - E_{v} - \Delta_{1} + \Delta_{2}}.$$
(8)

Here we ignored the third-order corrections that are secondorder in k and linear in the SOC. Although there are non-zero terms between the spin-up and spin-down channels, they sum up to zero using all the bands that form the set B. From Eq. (7) and using Table IV for the values that appear in the Eq. (8), we can calculate the effective mass of the CB+1 band in the  $k_z$ and  $k_x$  directions. In the  $\Gamma \rightarrow A$  direction, the effective mass of the electron is  $m_{cb+1}^{\perp}/m_0 = 0.04$  and in the  $\Gamma \rightarrow M$  and  $\Gamma \rightarrow K$  directions it is  $m_{cb+1}^{\parallel}/m_0 = 0.05$ . These values are in very good agreement with the values that are found from 10band fit. From Fig. 3, it can be seen that the one-band model fits well to *ab initio* up to  $0.05 \text{ Å}^{-1}$  in each direction. We can conclude that the minimal model derived in Eq. (7) can indeed give correctly that the effective masses of the CB+1 are slightly anisotropic.

Regarding the CB, it does not couple to any other bands in Eq. (4) and from Eq. (5), there is no distant-band contributions to the CB in the  $k_z$  direction. Therefore, the effective mass  $m_{cb}^{\perp}$  of the CB is very close to the free electron mass in this direction (see Table III). However, one can check that there is a deep-lying valance band (namely  $\Gamma_6^+$  from Table IX) which couples to CB in the  $k_x - k_y$  plane. Due to this coupling, the effective mass  $m_{cb}^{\parallel}$  of the electron in the  $\Gamma \rightarrow M$  and  $\Gamma \rightarrow K$  directions is different from the free-electron mass, see Table III. This means that the dispersion of the CB is highly anisotropic. The effective Hamiltonian for the CB can be written is the same general form as Eq. (7), with effective masses  $m_{cb}^{\perp}$  and  $m_{cb}^{\parallel}$  given in Table III.

Finally, we also give a  $6 \times 6$  fit of the valance band only model ( $H_{6\times 6}^{\text{hex}-\text{Ge}}$ ). We add both conduction bands from Eq. (5) as distant band contributions to the  $6 \times 6$  valance band only Hamiltonian. To obtain the best fitting parameters, we use the same approach from Sec. IV. We use the energy splittings from Table IV and only inverse mass parameters ( $A_1, A_2, ...$ ) are used in the fitting. As it can be seen from the Fig. 4, there are certain deviations from the *ab initio* data, especially for the  $\Gamma_{1\nu}^+$  band in the  $k_z$  direction, but the overall agreement is still very good.

# VI. EFFECTIVE g-FACTORS

In this section, we investigate Landé *g*-factors when a magnetic field is applied along the *c* crystal axis. Due to the external magnetic field in the z-direction, crystal momenta in the perpendicular to applied magnetic field direction do not commute. Using the definitions from Eq. (3), we can split the per-



Figure 3. Second-lowest conduction band described by the 2-band (spinful CB+1) low-energy effective Hamiltonian for the 2H-Ge. The original fitting region  $k \le 0.1 \text{ Å}^{-1}$  has been preserved to show the deviations after 0.05 Å<sup>-1</sup>.



Figure 4. Valence band structure of hex-Ge derived from the 6-band (spinful VBs) fit. The original fitting region  $k \leq 0.1 \text{ Å}^{-1}$  has been preserved to show the deviations, especially for the lower-lying  $\Gamma_{1\nu}^{+}$  valance band.

Table IV. Parameter sets of the Hamiltonian  $H_{6\times 6}^{\text{hex-Ge}}$  for 2H-Ge. The units and energy splittings are same as for Table IV.

Parameter	$H_{6  imes 6}^{ m hex-Ge}$
Valance Band Effective Parameters	
$A_1$	-18.7342
$A_2$	-2.5316
$A_3$	16.7089
$A_4$	-6.6835
$A_5$	-7.2152

turbative terms into a symmetric and an anti-symmetric part,

$$D_{jj'}^{\alpha\beta}k_{\alpha}k_{\beta} = \frac{1}{2} \left( D_{jj'}^{\alpha\beta} \right)^{S} \left\{ k_{\alpha}, k_{\beta} \right\} + \frac{1}{2} \left( D_{jj'}^{\alpha\beta} \right)^{A} \left[ k_{\alpha}, k_{\beta} \right], \quad (9)$$

with the definitions,

$$\begin{pmatrix} D_{jj'}^{\alpha\beta} \end{pmatrix}^{S} = \frac{1}{2} \begin{bmatrix} D_{jj'}^{\alpha\beta} + D_{j'j}^{\alpha\beta} \end{bmatrix},$$

$$\begin{pmatrix} D_{jj'}^{\alpha\beta} \end{pmatrix}^{A} = \frac{1}{2} \begin{bmatrix} D_{jj'}^{\alpha\beta} - D_{j'j}^{\alpha\beta} \end{bmatrix}.$$

$$(10)$$

It has been shown that, from the symmetric part one can obtain the effective mass terms while the Landé *g*-factor can be extracted from the anti-symmetric part [16, 17]. Hence, we can write the effective *g*-factor of the electron as,

$$g^{*} = g_{0} + \frac{g_{0}}{im_{0}} \sum_{\gamma} \frac{\langle c \uparrow |p_{x}| \gamma \rangle \langle \gamma |p_{y}| c \uparrow \rangle}{E_{c} - E_{\gamma}} - \frac{\langle c \uparrow |p_{y}| \gamma \rangle \langle \gamma |p_{x}| c \uparrow \rangle}{E_{c} - E_{\gamma}},$$
(11)

where *c* stands for the conduction band and  $g_0 = 2$  is the bare electron *g*-factor. Here we should note that, as there are no  $\mathbf{k} \cdot \mathbf{p}$  terms between the lowest conduction band and the three valance bands that we have considered in Table I, the *g*-factor of the CB can be taken as  $g_0$  in the model introduced in Sec. III.

For the CB + 1, we have

$$g_{CB+1}^* = g_0 + \frac{g_0 p_\perp^2}{m_0} \left( \frac{-1}{E_{cb+1} - E_{vb}} + \frac{1}{E_{cb+1} - E_{vb-1}} \right), \quad (12)$$

where  $E_{vb}$  and  $E_{vb-1}$  can be written as,

$$E_{vb} = E_v + \Delta_1 + \Delta_2,$$
  

$$E_{vb-1} = E_v + \frac{\Delta_1 - \Delta_2}{2} + \sqrt{\left(\frac{\Delta_1 - \Delta_2}{2}\right)^2 + 2\Delta_3^2}.$$
(13)

As can be readily seen from Eq. (13), without SOC terms  $(\Delta_2 \text{ and } \Delta_3)$ ,  $g_{CB+1}$  would be equal to  $g_0$ . Similar arguments can be made to find the *g*-factor of the holes. In Table VI, we give the g-factor of the electron and holes. The relative

g-factor difference between electron and holes can be understood via Eq. (11). For the CB+1 band, the non-zero contributions are coming from VB and VB+1 bands with opposite signs. Conversely, for the valance bands, the only non-zero contribution is possible via CB+1, which explains the relative difference between electron and holes in this  $10 \times 10$  model. Here we should also point out that, the irreps used in our model are not hybridized single group irreps as used in the literature by Gutche-Jahne [13] and hence, the g-factors are mainly determined by the momentum matrix elements in our  $10 \times 10$  model.

Table V. Calculated values for the effective g-factors when a magnetic field is applied in the z-direction using the  $10 \times 10$  k  $\cdot$  p model. The lowest conduction band is uncoupled and hence its g-factor is  $g_0 = 2$ .

	$H_{10 \times 10}^{\text{Ge}}$
$g_{CB+1}$	-1.189
$g_{CB}$	2
$g_{VB}$	-17.984
$g_{VB-1}$	18.795

# VII. CONCLUSIONS

In this paper, using *ab initio* analysis, we first inferred the irreps of the two lowest conduction and three highest valance bands for the Germanium in the lonsdelite phase. We developed  $10 \times 10$  k  $\cdot$  p model to fit to the DFT band structure near  $\Gamma$ . Using the model, we extracted the dipole matrix elements and the inverse effective masses for the conduction and valance bands that fit to the *ab initio* band structure up to  $0.1 \text{ Å}^{-1}$ . We also calculated the effective masses of electrons and holes in the vicinity of the  $\Gamma$  point and find bands with both anisotropic and isotropic masses. As the  $10 \times 10 \mathbf{k} \cdot \mathbf{p}$ model is not sufficient to explain the optical transition properties of the lowest conduction band, we added more bands to the original model and showed that due to the SOC, lowest conduction band hybridizes with a higher lying band which gives a weak optical transition when circularly polarized light is used. Using similar arguments, we also explained the transition amplitudes from the top three valance bands to the second lowest conduction band. Using the Hamiltonian we have derived, we calculated the effective g-factor of the electrons and holes for a magnetic field along the c-axis of the crystal. In conclusion, we created a  $\mathbf{k} \cdot \mathbf{p}$  model that captures important features of the 2H-Ge and we showed that physical parameters like the g-factor of the electron and holes can be found using the Hamiltonian at hand. In real samples, the symmetries of the lonsdaleite structure can be broken by various defects, which would affect, among others, the optical selection rules that we obtained. We leave the study of the effects of such symmetry breaking to a future work.

# VIII. ACKNOWLEDMENTS

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#### **Appendix A: Selection Rules**

In order to determine the non-zero matrix elements within the  $\mathbf{k} \cdot \mathbf{p}$  framework, we can first decide whether products of the form  $\Gamma^i \otimes \Gamma^j \otimes \Gamma^k$  contain the identity irrep ( $\Gamma_1$ ). Only in this case, the corresponding matrix element will be non-zero. Here  $\Gamma^j$  corresponds to either  $\mathbf{p}$  or  $\nabla V(\mathbf{r}) \times \mathbf{p}$  and  $\Gamma^i$  and  $\Gamma^k$  to irreps of the bands. In short, under any symmetry operation  $\hat{G}$ ,

$$\left\langle \psi_{i}^{\alpha} \left| p_{j}^{\beta} \right| \psi_{k}^{\gamma} \right\rangle = \left\langle \hat{G} \psi_{i}^{\alpha} \left| \hat{G} p_{j}^{\beta} \right| \hat{G} \psi_{k}^{\gamma} \right\rangle. \tag{A1}$$

The relation Eq. (A1) can be used to determine whether a matrix element equals zero for symmetry reasons. Under a rotation operator, the equality becomes  $\left\langle \psi_i^{\alpha} \left| p_j^{\beta} \right| \psi_k^{\gamma} \right\rangle = e^{i\pi r} \left\langle \psi_i^{\alpha} \left| p_j^{\beta} \right| \psi_k^{\gamma} \right\rangle$  where *r* can take values depending on the rotation symmetry, e.g., r = 1/3 for a 60° rotation. Depending on the value of the exp function, the momentum matrix elements are zero or non-zero. Besides the rotational symmetries, the  $D_{6h}$  point group also has mirror and inversion symmetries. For example, under the inversion symmetry  $\langle \Gamma_5^+ | k \cdot p | \Gamma_5^+ \rangle = - \langle \Gamma_5^+ | k \cdot p | \Gamma_5^+ \rangle$  as the coordinates are not paired and hence this matrix element vanishes.

#### **Appendix B: Perturbation Hamiltonians and Definitions**

In this appendix, we present the matrix form of the Hamiltonians of Eq. (1) and the corresponding parameters.  $H_{10x10}$  in Eq. (4) can be written as  $\mathcal{H}_0 + \mathcal{H}_{free} + \mathcal{H}_{k\cdot p} + \mathcal{H}_{SO}$ , and here we provide the definitions of the matrix elements.

 $\mathcal{H}_{0} = \text{diag}\left[E_{cb+1}, E_{cb}, E_{v} + \Delta_{1}, E_{v} + \Delta_{1}, E_{v}\right] \text{ for each spin}$ channel, with  $\left\langle \Gamma_{5v^{+}}^{S_{x}} | \mathcal{H}_{0} | \Gamma_{5v^{+}}^{S_{x}} \right\rangle = \left\langle \Gamma_{5v^{+}}^{S_{y}} | \mathcal{H}_{0} | \Gamma_{5v^{+}}^{S_{y}} \right\rangle = E_{v} + \Delta_{1},$  $\left\langle \Gamma_{2c^{-}} | \mathcal{H}_{0} | \Gamma_{2c^{-}} \right\rangle = E_{cb+1} \text{ and } \left\langle \Gamma_{3c^{-}} | \mathcal{H}_{0} | \Gamma_{3c^{-}} \right\rangle = E_{cb}.$ 

For the first order  $\mathbf{k} \cdot \mathbf{p}$  Hamiltonian we have,  $H_{\mathbf{k} \cdot \mathbf{p}} = \frac{1}{2} \frac{\hbar}{m_e} (k_+ \hat{p}_- + k_- \hat{p}_+) + \frac{\hbar}{m_e} k_z \hat{p}_{\parallel}$  where  $k_{\pm} = k_x \pm i k_y$  with  $P_2 = -i \frac{\hbar}{m_e} \langle \Gamma_{2c^-} | \hat{p}_{\parallel} | \Gamma_{1c^+} \rangle$  and  $P_1 = -i \frac{\hbar}{m_e} \langle \Gamma_{2c^-} | \hat{p}_{\perp} | S_y \rangle = i \frac{\hbar}{m_e} \langle \Gamma_{2c^-} | \hat{p}_y | S_x \rangle.$ 

For the SOC terms, we have

$$\Delta_{2} = \frac{i\hbar}{4m_{0}^{2}c^{2}} \left\langle \Gamma_{5\nu^{+}}^{S_{x}} \left| \frac{\partial V}{\partial x} p_{y} - \frac{\partial V}{\partial y} p_{x} \right| \Gamma_{5\nu^{+}}^{S_{y}} \right\rangle$$

$$\Delta_{3} = \frac{i\hbar}{4m_{0}^{2}c^{2}} \left\langle \Gamma_{1\nu^{+}} \left| \frac{\partial V}{\partial y} p_{z} - \frac{\partial V}{\partial z} p_{y} \right| \Gamma_{5\nu^{+}}^{S_{x}} \right\rangle \qquad (B1)$$

$$= \frac{i\hbar}{4m_{0}^{2}c^{2}} \left\langle \Gamma_{1\nu^{+}} \left| \frac{\partial V}{\partial z} p_{x} - \frac{\partial V}{\partial x} p_{z} \right| \Gamma_{5\nu}^{S_{y}} \right\rangle$$

Hence, Eq. (4) can be written as the sum,

$$H_{\text{free}} + \begin{bmatrix} H_{k \cdot p}^{(1)} & 0\\ 0 & H_{k \cdot p}^{(1)} \end{bmatrix} + \begin{bmatrix} \Delta_{\text{diag}} & \Delta_{\text{off-diag}}\\ \Delta_{\text{off-diag}}^* & \Delta_{\text{diag}} \end{bmatrix}.$$
(B2)

Matrix representation of the distant band contributions,  $H_{\text{dist.}}$ , in the  $S_x$ ,  $S_y$  and  $\mathbb{1}$  basis can be written as,

$$H_{\text{dist.}} = \begin{pmatrix} A_{c2\perp}(k_x^2 + k_y^2) + A_{c2\parallel}k_z^2 & 0 & 0 & 0 \\ 0 & A_{c1\perp}(k_x^2 + k_y^2) + A_{c1\parallel}k_z^2 & 0 & 0 & 0 \\ 0 & 0 & L_1k_x^2 + M_1k_y^2 + M_2k_z^2 & N_1k_xk_y & N_2k_xk_z \\ 0 & 0 & N_1k_xk_y & M_1k_x^2 + L_1k_y^2 + M_2k_z^2 & N_2k_yk_z \\ 0 & 0 & N_2k_xk_z & N_2k_yk_z & M_3(k_x^2 + k_y^2) + L_2k_z^2 \end{pmatrix}.$$
(B3)

with the definitions,

$$\begin{aligned} A_{c1\perp} &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{\Gamma_{3c\gamma}}^{x} p_{\gamma\Gamma_{3c}}^{x}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), A_{c1\parallel} &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{\Gamma_{3c\gamma}}^{z} p_{\gamma\Gamma_{3c}}^{z}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), \\ A_{c2\perp} &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{\Gamma_{2c\gamma}}^{x} p_{\gamma\Gamma_{2c}}^{x}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), A_{c2\parallel} &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{\Gamma_{2c\gamma}}^{z} p_{\gamma\Gamma_{2c}}^{z}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), \\ L_1 &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{S_{x\gamma}}^{x} p_{\gammaS_x}^{x}}{m_o \left( E_0 - E_{\gamma} \right)} \right), L_2 &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{\Gamma_{2c\gamma}}^{z} p_{\gamma\Gamma_{2c}}^{z}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), \\ M_1 &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{S_{x\gamma}}^{x} p_{\gammaS_x}^{y}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), M_2 &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{S_{x\gamma}}^{z} p_{\gammaS_x}^{z}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), \\ M_3 &= \frac{\hbar^2}{2m_0} \left( 1 + \sum_{\gamma}^{B} \frac{2p_{1\gamma}^{x} p_{\gamma\Gamma_{x}}^{y}}{m_0 \left( E_0 - E_{\gamma} \right)} \right), N_1 &= \frac{\hbar^2}{m_0^2} \sum_{\gamma}^{B} p_{S_{x\gamma}}^{x} p_{S_{y\gamma}}^{y} + p_{S_{x\gamma}}^{y} p_{S_{y\gamma}}^{x}, \end{aligned}$$

where the relation between band parameters  $(L_1, M_1, ...)$  and inverse effective mass parameters  $(A_1, A_2, ...)$  are the same as in Ref. [11], with  $E_0$  is the energy of the band of interest and  $E_{\gamma}$  is the band energy of the distant band. Note that, due to the inversion symmetry, there are no coupling terms between CB and VB, unlike in the case of wurtzite materials. Because of the hexagonal symmetry we can write  $N_1 = L_1 - M_1$  and  $N_2 = 0$  for our case. In the  $k_z$  direction, since the lowest conduction band does not couple to any other band,  $A_{c1\parallel} = \hbar^2/(2m_0)$ . Using the bases we have introduced in Table I, and following the notation of Ref. [11] we can write the Eq. (B3) as,

with the definitions,

$$C_{2} = A_{c2\perp}(k_{x}^{2} + k_{y}^{2}) + A_{c2\parallel}k_{z}^{2}, C_{1} = A_{c1\perp}(k_{x}^{2} + k_{y}^{2}) + A_{c1\parallel}k_{z}^{2},$$
  

$$\lambda = A_{1}k_{z}^{2} + A_{2}\left(k_{x}^{2} + k_{y}^{2}\right), \alpha = A_{1}k_{z}^{2} + A_{2}\left(k_{x}^{2} + k_{y}^{2}\right),$$
  

$$K = A_{5}k_{+}^{2}, T = A_{6}\left(k_{x} + ik_{y}\right)k_{z}.$$
(B6)

# Appendix C: Optical Selection Rules for 2H-Ge

Here we present the optical transition rules for the hexagonal germanium. Table VI shows the general dipole transition rules for the VB's (first row) and CB's (first column). Table VII shows the possible transitions between CB and VB, VB-1 and VB-2 with both SOC on and off and similarly Table VIII shows the transitions to the CB+1. Similar analysis has been done by Ref. [23] for the wurtzite structure. We should point out that CB+1 of the lonsdelite structure and CB of the wurtzite structure behaves exactly same in terms of allowed optical transitions, for with and without SOC. CB ( $\Gamma_8$ ) of the lonsdelite, however, does not exist in the wurtzite. Thus, Table VII is lonsdelite spesific allowed optical transitions.

# Appendix D: Twelve-band model at the $\Gamma$ point

In this Appendix, we provide the twelve-band (without spin)  $\mathbf{k} \cdot \mathbf{p}$  model that is mentioned in the Sec. IV. This is and extended version of the 5 × 5 spinless model introduced in Sec.III. The basis functions we use are the same as in Table I, with the addition

Table VI. Selection rules for the direct optical transitions with and without SOC for the  $D_{6h}$  point group. For the irreps, the parenthesis is used to describe the single group representations of the double groups. For the optical transitions, parentheses (brackets) used when the SOC is (is not) taken into account. Capital letters are used when the transition is allowed with SOC and without SOC. Also it should be noted that, we don't specify how the irreps change under the inversion symmetry here. Hence, the table should only be used when irreps in the rows and columns are in opposite parity.

	-	$\Gamma_7(\Gamma_1)$	$\Gamma_7(\Gamma_2)$	$\Gamma_7(\Gamma_5)$	$\Gamma_8(\Gamma_3)$	$\Gamma_8(\Gamma_4)$	$\Gamma_8(\Gamma_6)$
Γ	$\Gamma_7(\Gamma_1)$	(x,y,z)	(x,y),Z	X,Y,(z)	-	-	-
	$\Gamma_7(\Gamma_2)$	(x,y),Z	(x,y,z)	X,Y,(z)	-	-	-
	$\Gamma_7(\Gamma_5)$	X,Y,(z)	(X,Y),z	Z,(x,y)	-	-	[x,y]
	$\Gamma_9(\Gamma_5)$	X,Y	X,Y	[z],(x,y)	(x,y)	(x,y)	X,Y
	$\Gamma_9(\Gamma_6)$	(x,y)	(x,y)	X,Y	X,Y	X,Y	$[z],\!(x,\!y)$

Table VII. Selection rules for the lowest conduction band. Transitions from the top three valance band to lowest conduction band is forbidden when SOC is turned off, and dipole allowed when SOC is on. Parenthesis is used to describe the irrep when SOC is neglected.

Transitions (CB)	$A:(\Gamma_8(\Gamma_3)\leftarrow\Gamma_9(\Gamma_5),$	$\mathbf{B}: \Gamma_8(\Gamma_3) \leftarrow \Gamma_7(\Gamma_5),$	$C: (\Gamma_8(\Gamma_3) \leftarrow \Gamma_7(\Gamma_1)$
Neglecting spin-orbit	$-\Gamma(r, y) + \Gamma$	- Γ + Γ + Γ	- 
with spin-orbit	$1_5(x, y) + 1_6$	$1_3 + 1_4 + 1_6$	$1_3 + 1_4 + 1_6$

Table VIII. Selection rules for the second conduction band. For the A and B transitions, optical activity is fully allowed in the x-y directions, even without SOC is on but no optical activity in the z direction. For the C transition, z direction is optically active when SOC is off, and all directions are active when SOC is on.

Transitions (CB+1)	$A: \Gamma_7(\Gamma_2) \leftarrow \Gamma_9(\Gamma_5),$	$\mathbf{B}: \Gamma_7(\Gamma_2) \leftarrow \Gamma_7(\Gamma_5),$	$\mathbf{C}:\Gamma_7(\Gamma_2)\leftarrow\Gamma_7(\Gamma_1)$
Neglecting spin-orbit With spin-orbit	$ \Gamma_5(x, y)  \Gamma_5(x, y) + \Gamma_6 $	$ \begin{array}{c} \Gamma_5(x,y) \\ \Gamma_1 + \Gamma_2(z) + \Gamma_5(x,y) \end{array} $	$\frac{\Gamma_2(z)}{\Gamma_1 + \Gamma_2(z) + \Gamma_5(x, y)}$

Table IX.  $12 \times 12$  k.p matrix elements at the  $\Gamma$  point.  $\mathbf{H}_{k,p}^{(1)}$  represents the first order k.p terms that has been found in Eq. (B2).

$H_{k.p}$	CB+6	CB+5	CB+4	CB+3	CB+2	CB+1	CB	VB	VB-1	VB-2	VB-3	VB-4
CB+6	0	0	0	0	0	0	0	0	$\gamma_1 k_+$	0	$\gamma_2 k_z$	0
CB+5	0	0	0	0	0	0	0	$\gamma_3 k$	0	0	0	$\gamma_4 k_z$
CB+4	0	0	0	0	0	0	0	$\gamma_5 k_+$	$\gamma_6 k$	$\gamma_7 k_z$	0	0
CB+3	0	0	0	0	0	0	0	0	$\gamma_8 k_z$	$\gamma_9 k_+$	$\gamma_{10}k_{-}$	0
CB+2	0	0	0	0	0	0	0	$\gamma_{11}k_z$	0	$\gamma_{12}k_{-}$	0	$\gamma_{13}k_+$
CB+1	0	0	0	0	0	Γ				1	0	0
CB	0	0	0	0	0			<b>-</b> - (1			$\gamma_{14}k_+$	$\gamma_{15}k_{-}$
VB	0	$\gamma_3^* k_+$	$\gamma_5^* k$	0	$\gamma_{11}^* k_z$			H	.,		0	0
<b>VB-1</b>	$\gamma_1^* k$	0	$\gamma_6^* k_+$	$\gamma_8^* k_z$	0		-	$^{-}k$ .	p		0	0
VB-2	0	0	$\gamma_7^* k_z$	$\gamma_9^* k$	$\gamma_{12}^*k_+$	L			-	]	0	0
VB-3	$\gamma_2^* k_z$	0	0	$\gamma_{10}^* k_+$	Õ	0	0	0	0	0	0	0
VB-4	Ō	$\gamma_4^* k_z$	0	0	$\gamma_{13}^*k$	0	0	0	0	0	0	0

of CB+6 and CB+5 that transform as  $\Gamma_6^-$ , CB+4 as  $\Gamma_2^-$ , CB+3 and CB+2 as  $\Gamma_5^-$  for the conduction bands. Similarly, for the valance bands we have VB-3 and VB-4, which transform as  $\Gamma_6^+$  of the  $D_{6h}$  point group.

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